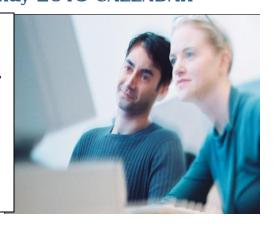
# Alberta Society for the Promotion of Sexual Health Online Sexual Health Education and Training Workshops September 2012 - May 2013 CALENDAR

Learn Online at your convenience, at home or at work, during the day or evening. CourseSites is an easy online learning tool that anyone can learn to use. Step by step instructions will be provided and online support is available.





WORKSHOP #91 - September 24 - October 7, 2012 - CONTRACEPTION AND STI UPDATE - (CORE TOPIC) (3 Modules) — Facilitated by Heather Cobb and Danelle Plettell, Alberta Health Services, Calgary Region

**WORKSHOP DESCRIPTION:** This workshop will enhance participants' knowledge and skills related to Sexually Transmitted Infections (STIs) and contraceptive methods. The workshop will outline current information on STI transmission, signs and symptoms, and testing and treatment options. As well, the workshop will focus on up to date issues related to STI rates, specific high risk groups, and new STIs in Canada. The workshop will also include contraceptive options counselling strategies and an overview of current and new contraceptive methods. Finally, the workshop will focus on ways to address contraceptive methods non-compliance/failure rates, benefits and risks of selected contraceptive methods, and resources to share with clients.

#### **FACILITATORS' BIOS:**

**Heather Cobb:** Heather is a Sexual Health Promotion Specialist with Alberta Health Services. An education and training professional Heather's education includes a Bachelor of Sciences in sociology and psychology and a Post Graduate Certificate in Education from the UK. Areas of focus and particular interest for Heather include normalizing sexuality in the family, and sexuality and disability. Heather works with teachers and health professionals to improve access to information and strategies for teaching, learning and talking about healthy sexuality and relationships.

**Danelle Plettell, RN BN:** Danelle is the Client Care Coordinator with Sexual & Reproductive Health with Alberta Health Services, Calgary. Danelle uses research and best evidence to inform the direction of programming and policy development within the clinic and also provides professional support to clients, staff and other health care professionals. Danelle has completed the Perinatal Certificate Program through the Canadian Nurses Association. She has also worked as a nurse in Labour & Delivery as well as working for a brief period at the STD Clinic.



## **WORKSHOP #92 - October 1 - October 31, 2012- ONLINE WORKSHOPS FOR SEXUAL HEALTH EDUCATORS -**

(CORE TOPIC) - (4 Modules) - Facilitated by Christine Sturgeon and Cara Aiello, Alberta Health Services, Calgary Region

**WORKSHOP DESCRIPTION:** This online workshop will be a four module workshop combining the previous Levels One and Two. The workshop will help teachers and sexual health educators Prepare Yourself, Students and Parents. - focusing on values clarification, educational theories, the importance of comprehensive sexuality education, learning outcomes and instructional methods, creating a safe classroom environment, how to answer students questions, teacher FAQ and how to inform and support parents and access resources.

#### **FACILITATORS' BIOS:**

**Christine Sturgeon, B.Ed.:** Christine is an AHS-Sexual and Reproductive Health Community Educator with professional experience as a high school teacher, crisis intervention & family specialist, parent educator and addictions support home provider. She has had the opportunity to teach array of topics such as healthy sexuality, working with high risk youth, ESL and domestic conflict resolution.

**Cara Aiello**: Cara is the Education Coordinator for the Sexual and Reproductive Health program with Alberta Health Services. Cara's education includes a Bachelor of Arts Degree in sociology with a minor in psychology. She has worked as a sexual health educator providing sexual health education to a variety of schools and community programs. She has also facilitated several professional sessions on how to teach human sexuality in the school system. She works with many different programs and groups within the community and had special interest in working with high risk populations.



WORKSHOP #93 – October 8 – October 21, 2012 – FACILITATING HEALTHY SEXUAL DECISIONS –

(Repeat) (3 Modules) Facilitated by Val Barr and Shannon Jones, Calgary Sexual Health Centre, Calgary

**WORKSHOP DESCRIPTION:** The workshop goal for this workshop is to: Explore research and new models to facilitate healthy sexual decision making for youth.

#### **Learning Outcomes:**

Upon successful completion of this workshop, participants will be able to:

- Identify rationale for talking to youth about sexual decision making
- Identify what teens want to learn about sex and sexual decision making
- Define ethical sexual relationships
- Describe the head, heart and body framework
- Practice discussing sexual decision making with your clients
- Feel confident talking to clients about sexual decision making.

#### **FACILITATORS' BIOS:**

**Shannon Jones, BA**: Shannon is an educator with Calgary Sexual Health. She has 19 years of experience working with youth in alternate education systems and front line social

service settings. She is a lifelong learner and excited to share what she has learned about teens and sex.

**Valerie Barr, Med**: Val has taught Sexual Health Education in Calgary for the past 26 years. As Training Centre Manager at the Calgary Sexual Health Centre, she currently provides workshops for a variety of professionals to encourage them to integrate sexual health into their practice. 5



WORKSHOP #94 – October 22 – November 4, 2012 – SUBSTANCE USE AND SEXUAL DECISION MAKING: IDENTIFYING RISK AND PROTECTIVE FACTORS –

(Repeat) (3 Modules) - Facilitated by Heather Cobb, Alberta Health Services, Calgary Region

**WORKSHOP DESCRIPTION:** There is strong evidence to support the relationship between substance use and risk-taking, especially among adolescents. Youth are faced with making decisions about risks including choices about drugs, alcohol, sex and relationships. This workshop will identify current evidence and research including brain development and Canadian trends. This workshop is for anyone working with youth who would like to learn more about how to identify risk and develop protective factors. Tools and strategies to develop healthy boundaries will be explored along with sources of referral to support youth and their families.

#### **FACILITATOR'S BIO:**

**Heather Cobb:** Heather is a Sexual Health Promotion Specialist with Alberta Health Services. An education and training professional Heather's education includes a Bachelor of Sciences in sociology and psychology and a Post Graduate Certificate in Education from the UK. Areas of focus and particular interest for Heather include normalizing sexuality in the family, and sexuality and disability. Heather works with teachers and health professionals to improve access to information and strategies for teaching, learning and talking about healthy sexuality and relationships.



WORKSHOP #95 - November 5 - 18, 2012 - CULTURAL COMPETENCY - (NEW REVISED) - (3 Modules) - Facilitated by Rawle Teekah and Mariel Ansion, Options Sexual Health, Edmonton

**WORKSHOP DESCRIPTION:** The cross-cultural competency training workshop is an interactive workshop to educate professionals to become culturally competent when working with clients from different cultural backgrounds. Individuals participating in the workshop will examine how they can incorporate the information learned from the workshop activities into their professional and private lives as they continue to strive to become culturally competent professionals.

#### **PRESENTERS' BIOS:**

**Mariel Ansion:** Mariel is currently finishing her Master's degree in Counselling Psychology at the University of Alberta, and working as a Multicultural Educator at OPTIONS Sexual Health Association. She has over 15 years of experience facilitating workshops and working with diverse populations. As a multicultural educator she has been helping immigrant/refugee women and youth adjusting to living in Canada.

**Rawle Teekah:** Rawle is a Multicultural Educator living in Edmonton. During the past ten years he has worked with recently arrived immigrant and refugee males in Edmonton to help them adjust to living in a new society. He is a graduate of the University of Alberta where he specialized in Intercultural Education.



WORKSHOP #96 - January 21 - February 17, 2013 - ABORTION ISSUES IN CANADA TODAY - (CORE TOPIC) (3 Modules) - Facilitated by Celia Posyniak (Kensington Clinic, Calgary) and Dawn Fowler (National Abortion Federation, Victoria - This workshop is scheduled to coincide with the 25<sup>th</sup> Anniversary of the Morgentaler Decision (January 28<sup>th</sup>):

The decision of the <u>Supreme Court of Canada</u> which held that the <u>abortion</u> provision in the <u>Criminal Code of Canada</u> was unconstitutional, as it violated a <u>woman</u>'s right under <u>section 7</u> of the <u>Canadian Charter of Rights and Freedoms</u> to <u>security of person</u>. Since this ruling, there have been no criminal laws regulating <u>abortion in Canada</u> (Wikipedia).

**WORKSHOP DESCRIPTION**: The objectives of this workshop are to provide the participants with information that will help them:

- To understand the history of abortion in Canada
- To understand the statistics and identify problems with the data released by Statistics Canada
- To know what types of procedures are available in Canada and what are the criteria for each method and how do women obtain the services
- To understand myths about abortion and identify what the facts are related to each myth.
- To understand the issues and challenges of access across the country and what can/needs to be done to overcome the issues of access
- To identify what each of us can do to promote better services in our community

#### **FACILITATORS' BIOS**:

**Dawn Fowler:** Dawn is the Canadian Director for the National Abortion Federation. Dawn has a long history and interest in women's health issues. Dawn has worked at Health Canada in Ottawa as Chief of Reproductive and Child Health. She has also been a consultant with WHO. EURO Office and worked on reproductive health and quality assurance issues in the newly independent states of the former Soviet Union. Upon her return to Canada she organized the opening of a new abortion clinic in Victoria, British Columbia and was Manager and counsellor for 3 years before taking up her current position with NAF. **Celia Posyniak:** Celia has been the Executive Director of Kensington Clinic in Calgary, Alberta for the past 20 years. Kensington Clinic is a free-standing abortion clinic. She has served on the board of Planned Parenthood Alberta and is currently on the board of the National Abortion Federation in Canada and the U.S.



WORKSHOP #97 - February 4 – 17, 2013 – NEW (3 Modules) - ARE YOU A BOY OR A GIRL?

SUPPORTING AND CELEBRATING GENDER

VARIENT CHILDREN (NEW) - Facilitated by Liam Snowdon, Sexologist, Private Practice, Victoria and Portland

#### **WORKSHOP DESCRIPTION:**

Due to the struggles of many world-changing people it is becoming more commonplace to hear about children who are feeling able to express the complicated yet simple realities of their changing genders. This workshop outlines some of the foundational information and language relevant to transgender and gender variant children's experiences to date. We will look at our own perspectives on gender and our own genders.

Based on clinician, parents and children's voices we will delve into-

- Supporting parents of gender variant kids
- Transition options and timing
- Child development and gender expression
- Medical and Legal issues
- Disclosure, safety and school support

#### **FACILITATOR'S BIO:**

**Dr. Liam "captain" Snowdon:** Captain is a Sexologist in private practice in Victoria and Portland. He holds a Bachelor's degree in Women's Studies and Sociology, a Master's degree in Public Health, and a Doctorate in Human Sexuality. His work over the last 23 years in counseling, health promotion, and community development has included street outreach with homeless and marginalized youth, running a gay men's health program through an HIV/AIDS service organization, promoting anti-homophobia education in high schools and with professionals, and supporting queer youth in rural communities. Captain counsels individuals and families through gender transitions and coming out issues, teaches both the Canadian and American Sexological Bodywork/Somatic Sex Educator Professional Certifications and provides workshops for individuals, professionals, communities, and organizations on a wide variety of topics. These topics include education and trainings in sexual self-esteem, deepening desire within relationships, transgender people and sexuality, polyamory and open relationships, supporting gender variant and transgender children, and sexuality and spirituality. For more information about Dr. Snowdon please visit www.elementalsexology.com



WORKSHOP #98 – February 18 – March 3, 2013 – FROM GAGA TO TEAM EDWARD: HOW TO USE POPULAR CULTURE AS A LENS TO TEACH YOUTH – (Repeat) (3 Modules) - Facilitated by Vycki Atallah, Klinic Community Health Centre, Winnipeg

**WORKSHOP DESCRIPTION:** "From Gaga to Team Edward: How to use popular culture as a lens to teach youth about healthy relationships and sexuality.||

Let's face it – youth are the largest consumers of mainstream media. From music videos, to reality TV; from vampire movies to advertising messages, youth are being informed about

their own culture in a way that is often prescribing gender roles and social behaviour. However, when we condemn these forms of media that are consumed by the youth that we work with, we often risk alienating those youth, creating a barrier for service delivery. This poses a dilemma to us health educators (especially those who would rather watch paint dry than watch an episode of Gossip Girl!)

This course will provide an overview of popular culture with hands-on activities which are meant to open discussion while using these mediums as a tool for change. Specific examples of popular culture will be given that help youth look at topics such as sexual consent and decision-making as well as boundaries and healthy relationships. Forms of positive messaging in popular culture as well as a discussion on creating one's own culture (blogs, videos, Facebook pages) will also be given in order to illustrate modes of resistance to the mainstream.

#### **FACILITATOR'S BIO:**

**Vycki Atallah:** Vycki is the Coordinator of the Teen Talk program in Winnipeg, Manitoba. She began her work there as a Youth Health Educator and later moved into the Coordinator position where she has been building partnerships and working with her staff for 6 years. As a program of Klinic Community Health Centre, Teen Talk operates from a harm reduction, prevention education perspective. Teen Talk focuses on sexuality, reproductive health, body image, substance use awareness, mental health, anti-oppression and anti-violence issues. Vycki also co-hosts a sexual health education radio show on CKUW 95.9 FM called —The Sex Files|| which is an initiative of the Sexuality Education Resource Centre (SERC) in Winnipeg. This has provided her with the opportunity to talk about sexual health to a broader audience including adults. Vycki has a Master's degree in Women's Studies and Sociology from The University of Manitoba where she focussed on population health issues specific to women. She has a vast interest in popular culture and believes that rather than being passive recipients of the messages that people (especially youth) receive in pop culture; we have the ability to use popular culture to create attitudinal change as well as incite behavioural change and activism.



WORKSHOP #99 - March 1 - March 31, 2013 - ONLINE WORKSHOPS FOR SEXUAL HEALTH EDUCATORS -

(CORE TOPIC) - (4 Modules) - Faciliated by Christine Sturgeon, Alberta Health Services, Calgary

**WORKSHOP DESCRIPTION:** This online workshop will be a four module workshop combining the previous Levels One and Two. The workshop will help teachers and sexual health educators Prepare Yourself, Students and Parents. - focusing on values clarification, educational theories, the importance of comprehensive sexuality education, learning outcomes and instructional methods, creating a safe classroom environment, how to answer students questions, teacher FAQ and how to inform and support parents and access resources.

#### **FACILITATORS' BIO:**

**Christine Sturgeon,** B.Ed.: Christine is an AHS-Sexual and Reproductive Health Community Educator with professional experience as a high school teacher, crisis intervention & family specialist, parent educator and addictions support home provider. She has had the opportunity to teach array of topics such as healthy sexuality, working with high risk youth, ESL and domestic conflict resolution.



WORKSHOP #100 - March 4-17, 2013 - IN-DEPTH TRANS

AWARENESS TRAINING FOR PROFESSIONALS - NEW (4

Modules) - Facilitated by Corey Keith, Social Worker and Wellness Coach and Counsellor, B.C.

**WORKSHOP DESCRIPTION:** There is a growing population of people who do not identify with the binary paradigm of sex and gender on varying levels. This course advances a health care professional's capacity to support and empower Trans-persons through an indepth and holistic look at their lives. Research, theories and voices from the trans persons experience informing the health professional of the challenges of the gender diverse communities. The course is designed to build on your own self awareness and develop the skills to support and empower persons of any gender in an inclusive professional practice.

#### **FACILITATOR'S BIO:**

**COREY KEITH:** Corey is a trained Social Worker and Wellness Coach and Counsellor. She received her Social Work Diploma at Red Deer College in 2006 where she practiced as a registered Social Worker. At this time she co-founded and facilitated the first ever LGBT (Lesbian, Gay, Bisexual and Transgendered) agency in Central Alberta. In 2009, Corey received her Bachelors of Social Work at Nicole Valley Institute of Technology (NVIT) in Merritt. This program focused on Aboriginal content and anti-oppressive practice. In 2011, she received her Professional Counselor Diploma and trained in an experiential form of Wellness Counseling and Coaching.

As a transgendered person, it has been Corey's passion for the last 9 years to work with issues relating to sexuality and gender, specifically providing support, consulting and workshops that are critical to LGBT persons' wellness and to the Allies and professionals who support them.



WORKSHOP #101 – March 18 - 31, 2013 – HELPING GUYS BE WISE: FACILITATING MALE SEXUAL HEALTH – (Repeat) (3 Modules) - Facilitated by Val Barr and Blake Spence, Calgary Sexual Health Centre, Calgary

**WORKSHOP DESCRIPTION:** Workshop participants will increase their comfort and skill communicating with men and boys about sexual health. Participants will explore: current issues in male sexual health, myths, the role of pornography, consent and relationships. Participants will receive practical strategies, tips and resources to help male clients be sexually healthy.

#### **FACILITATORS' BIOS:**

**Val Barr:** Val has taught Sexual Health Education in Calgary for the past 26 years. As Training Centre Manager at the Calgary Sexual Health Centre, she currently provides workshops for a variety of professionals to encourage them to integrate sexual health into their practice.

**Blake Spence:** Blake studied Sociology and Gender Studies at Mount Royal University in Calgary and University of British Columbia in Vancouver. He is a sexual health educator and the Wise Guyz program creator and manager at the Calgary Sexual Health Centre.



WORKSHOP #102 - April 1 - 14, 2013 - SUPPORTING
PARENTS TO TALK ABOUT SEXUALITY WITH
CHILDREN AND YOUTH - (Repeat) (3 Modules) Faciliated by Heather Cobb, Alberta Health Services, Calgary

**WORKSHOP DESCRIPTION:** Many parents find it hard to talk to their children about sexuality either because they don't know when to start or what to say when they are asked. This workshop will look at the evidence that supports the role of the parent to be the child's best sexual health educator. Participants will learn how they can facilitate group sessions for parents or one-on-one conversations. An understanding of sexual development in children, expected versus problematic sexual behaviour, current trends related to sexual behaviour in children and strategies for talking about sexuality will be explored.

#### **FACILITATOR'S BIO:**

**Heather Cobb:** Heather is a Sexual Health Promotion Specialist with Alberta Health Services. An education and training professional Heather's education includes a Bachelor of Sciences in sociology and psychology and a Post Graduate Certificate in Education from the UK. Areas of focus and particular interest for Heather include normalizing sexuality in the family, and sexuality and disability. Heather works with teachers and health professionals to improve access to information and strategies for teaching, learning and talking about healthy sexuality and relationships.



WORKSHOP #103 - April 15 - 28, 2013 - SUPPORTING SEXUALITY WITH OLDER ADULTS - NEW (3 Modules) - Facilitated by Val Barr and Diana Wark (Calgary Sexual Health Centre, Calgary)

**WORKSHOP DESCRIPTION:** Designed for those working with older adults, participants will explore personal and cultural attitudes about seniors and sexuality. Research will be presented and digital stories developed and narrated by older adults will be used throughout the course to demonstrate the themes. Participants will examine their own values and will explore approaches to advocacy for the sexual well being of older adults.

#### **FACILITATOR'S BIO:**

**VAL BARR:** Val has taught Sexual Health Education in Calgary for the past 26 years. As Training Centre Manager at the Calgary Sexual Health Centre, she currently provides workshops for a variety of professionals to encourage them to integrate sexual health into their practice.

**DIANA WARK:** Diana is a registered social worker and Community Development Manager for Adult programs with the Calgary Sexual Health Centre. Diana spent 12 years working in the field of sexual exploitation doing outreach, community collaboration and program development. She is the mother of two and a doula, providing labour and birth support, for fun!



WORKSHOP #104 – April 22 - May 5, 2013 - WALKING
OUR TALK! EROTIC EMBODIMENT FOR SEX
PROFESSIONALS – NEW (3 Modules) Facilitated by Dr.
Liam "captain" Snowdon, Sexologist, Private Practice,
Victoria and Portland

**WORKSHOP DESCRIPTION:** This workshop will engage sexuality professionals in a process that offers tools to keep our own pleasure and desire in the equation of our lives. We will move from our heads to our bodies to explore what is stuck and what can be liberated around our own sexuality that can make us better counsellors, educators and lovers. This workshop provides participants with a confidential space to celebrate the continuing sexual revolution and the healing power of it all! This workshop is an expanded and in-depth version of what was offered in Vancouver at the Regional Gathering this year.

#### **FACILITATOR'S BIO:**

**Dr. Liam "captain" Snowdon:** Captain is a Sexologist in private practice in Victoria and Portland. He holds a Bachelor's degree in Women's Studies and Sociology, a Master's degree in Public Health, and a Doctorate in Human Sexuality. His work over the last 23 years in counseling, health promotion, and community development has included street outreach with homeless and marginalized youth, running a gay men's health program through an HIV/AIDS service organization, promoting anti-homophobia education in high schools and with professionals, and supporting queer youth in rural communities. Captain counsels individuals and families through gender transitions and coming out issues, teaches both the Canadian and American Sexological Bodywork/Somatic Sex Educator Professional Certifications and provides workshops for individuals, professionals, communities, and organizations on a wide variety of topics. These topics include education and trainings in sexual self-esteem, deepening desire within relationships, transgender people and sexuality, polyamory and open relationships, supporting gender variant and transgender children, and sexuality and spirituality. For more information about Dr. Snowdon please visit www.elementalsexology.com



WORKSHOP #105 - April 29 - May 12, 2013 - SEXUALITY AND SPIRITUALITY - (CORE TOPIC) (3 Modules) - Facilitated by Kristi Beatty, BSW, RSW, Calgary

**WORKSHOP DESCRIPTION:** Sexuality and spirituality tends to be an area that many people are uncertain about or may have difficulty bringing the two together. There is an underlying belief system that exists in our society that one cannot go with the other because of misunderstanding, deep rooted religious perspectives and many other limiting beliefs.

Join Kristi in exploring the meaning of sexuality and spirituality; look into the myths that inhibit this area, evaluate your own belief systems and explore tools some practices have used that have successfully created the wonderful balance of these two very powerful areas.

This workshop will assist professionals in evaluating their own perspective regarding sexuality and spirituality, give professionals the awareness of inhibitions that may be limiting their clients as well as society in general and give them tools to offer their clients. 4

#### **FACILITATOR'S BIO:**

**Kristi Beatty, BSW, RSW:** Kristi completed her degree at the University of Calgary and is currently working on obtaining certification as a Sexologist through the Institute for the Advanced Study of Human Sexuality in San Francisco. As well, she is in her final year of Integrative Body Psychotherapy with the IBP Central Institute in Santa Monica, California. Kristi currently has her own private practice working with clients who are struggling to understand themselves, especially in the area of sexuality. People who are feeling unfulfilled in their sexual life and feel as if they are missing something. Kristi works with people who struggle with low sexual self esteem, chronic pain that may be inhibiting their sex lives and sexual dysfunction. Kristi has a passion for taking a holistic approach to healing and has created several workshops regarding Holistic sexuality presenting these workshops to AIDS Bow Valley, Personal Best Seminars, Sacred Space Centre and The Women's Health Resource.



WORKSHOP #106 - May 13 - 26, 2013 - *Talking to Children about Child Sexual Abuse*, NEW REVISED (3 Modules) - Facilitators to be announced

**WORKSHOP DESCRIPTION**: Sexual violence is a pervasive problem that affects all communities, regardless of socio-economic status, race, culture, sexual orientation, or ability. However, due to issues of inequality, oppression, and lack of power, children are particularly vulnerable to abuse. The issue of child sexual abuse first began to receive attention in the 1980's when women (and later men) began to talk about abuse they experienced as children. In Canada, the 1984 Committee on Sexual Offences Against Children & Youth (Badgely Report) stated that "53% of women and 31% of men were sexually abused as children." The National Clearinghouse on Family Violence (1997) found that in 1992, 65% of sexual assaults reported to police were against children, more then 33% occurred within the family, and almost half of these cases involved a parent. In addition, contrary to public perception, 85% of the time, child sexual abuse is committed by someone known to the child.

Child sexual abuse thrives and exists in our society in secrecy and silence. As an organization, Calgary Communities Against Sexual Abuse strongly believes that not just adults should be aware and educated about sexual abuse, but that children have the right to be educated about abuse. Since 1994, CCASA as an organization has been successfully delivering the "Who Do You Tell?" program to children in Kindergarten to Grade 6, in a classroom setting. This online workshop aims to use the key teaching curriculum from this program to empower professionals, parents, and other community members to talk about sexual abuse with the children in their lives.

#### Key Learning Objectives:

- Create an understanding of the importance of talking to children about child sexual abuse
- Develop increased knowledge & awareness of the realities of child sexual abuse
- Learn strategies to effectively communicate with young children about child sexual abuse



#### **Workshop Cost:**

### Register & pay:



Members: \$10 per module. Most workshops are 3 and sometimes 4 or 5 modules with a total cost of \$30, \$40 or \$50 per workshop.

Special price of 3 workshops for \$75.

Non-Members: \$65 per online workshop or 3 workshops for \$180

To become an ASPSH member go to www.aspsh.ca

\$30 for 1 year individual membership

\$75 for 1 year organizational membership – up to 10 staff members, \$5 each for additional staff **To Register contact:** 

Melanie Anderson,
ASPSH Education
Coordinator at
aspsh@shaw.ca.
Please register at least 3
days before the start of
the Online Workshop.

To Pay:

By VISA/MC, please ask for a Pay Pal invoice when registering or call Aliza at Options at (780) 423-3737 or By cheque, send to ASPSH, #381, 11215 Jasper Ave. Edmonton, T5J 0L5



The Board and Staff of the Alberta Society for the Promotion of Sexual Health would like to thank our online workshop partners - Alberta **Health Services, Calgary Region's Sexual and Reproductive Health; Options Sexual Health Association, Edmonton** and all of the workshop facilitators for sharing their expertise, experience, time and knowledge. We sincerely appreciate all of you for your contribution.

PLEASE CHECK OUT OUR WEBSITE www.aspsh.ca